Proudly Presented by Navin Bros. Food Service

Date	Navin Healthy Grade	Wraps, Salads, & More	From the Hot Line	Panini of the Day
Mon 10/1	Mango Chicken Salad	Chipotle Chicken Wrap	Nacho Supreme Platter	American Combo
Tue 10/2	Veggie Burger w/ Sweet Potato Fries	Crunchy Chicken Salad	Mac & Cheese w/ Stir Ins	Turkey Cheddar Wrap
Wed 10/3	Orange Chicken Stir Fry	Cobb Salad	Pulled BBQ Chicken Slider w/ Fries	Ham & Cheese Wrap
Thurs 10/4	Chicken Fajitas	Cape Cod Chicken Salad	Pasta w/ Meat Sauce & Garlic Bread	Turkey Bruschetta Panini
Fri 10/5	Pasta, Spinach, Cherry Tomato & Feta	Spicy Chicken Ranch Wrap	Chicken & Spicy Fries	Italian Combo Ciabatta

In addition to the published featured menu, the following offerings are available on a daily basis:



Manager's Choice of Additional Hot Entrees, Sandwiches, and Other Prepared Foods
Assorted Cold Salads, Wraps, & Sandwiches
Low Fat Yogurt Parfaits with Fresh Fruit and Granola
Fresh Sliced Fruit Cups as well as Whole Fruit
Fresh Vegetables with Dipping Sauce
Fresh Baked Goods



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Date	Navin Healthy Grade	Wraps, Salads, & More	From the Hot Line	Panini of the Day
Mon 10/8	Columbus Day No School	Columbus Day No School	Columbus Day No School	Columbus Day No School
Tues 10/9	Cheese Quesadillas	Chef Salad	Chicken Quesadillas	Meatball Grinder
Wed 10/10	Veggie Chili w/ Nachos	Watermelon Salad	General Tso's Chicken w/ Roll	Eggplant Parm Panini
Thurs 10/11	Vera Cruz Wrap	Cobb Salad	Cheesy Beef Enchiladas	Turkey Bacon Panini
Fri 10/12	Pasta, Ricotta, Lemon & Fresh Spinach	Seafood Salad Wrap	Chicken & Spicy Fries	Chicken Parm Panini

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Assorted Cold Salads, Wraps, & Sandwiches
Low Fat Yogurt Parfaits with Fresh Fruit and Granola
Fresh Sliced Fruit Cups as well as Whole Fruit
Fresh Vegetables with Dipping Sauce
Fresh Baked Goods



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Date	Navin Healthy Grade	Wraps, Salads, & More	From the Hot Line	Panini of the Day
Mon 10/15	Garden Farfalle Pasta w/ Roll	Chicken Caesar Wrap	Ravioli w/ Garlic Bread	Buffalo Chicken Wrap
Tues 10/16	Mexican Veggie Burger w/ Salsa & Chips	Rustic Chicken Spinach Salad	Pork, Veggie, Mashed Sweet Potato w/ Roll	Goodfella Panini
Wed 10/17	½ Day	½ Day	½ Day	½ Day
Thurs 10/18	Pasta w/ Greens & Boca Crumbles	Crunchy Chicken Salad	Beef Sliders w/ Spicy Fries	Turkey Cheddar Wrap
Fri 10/19	Mandarin Orange & Chicken Salad	Spinach Salad w/ Cranberries & Strawberries	Chicken & Spicy Fries	Buffalo Chicken Panini

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Assorted Cold Salads, Wraps, & Sandwiches
Low Fat Yogurt Parfaits with Fresh Fruit and Granola
Fresh Sliced Fruit Cups as well as Whole Fruit
Fresh Vegetables with Dipping Sauce
Fresh Baked Goods



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Date	Navin Healthy Grade	Wraps, Salads, & More	From the Hot Line	Panini of the Day
Mon 10/22	Chicken Sausage w/ Peppers, Tomato & Pasta	Chef Salad	Soft Tacos w/ Nachos & Salsa	Chicken Salad Panini
Tues 10/23	Veggie Chili w/ Nachos	Chicken Ranch Wrap	Hot Dogs w/ Spicy Fries	Meatball Grinders
Wed 10/24	Smart Pork Pasta Toss	Tuna, Apple & Cranberry Salad	Chicken Quesadillas	American Combo Ciabatta
Thurs 10/25	Mango Chicken Salad	Ham & Cheese Wrap	Bosco Sticks w/ Dipping Sauce	Ham & Cheese Wrap
Fri 10/26	Chicken Fajitas	Cobb Salad	Chicken & Spicy Fries	Chicken Pesto Ciabatta

In addition to the published featured menu, the following offerings are available on a daily basis:



Manager's Choice of Additional Hot Entrees, Sandwiches, and Other Prepared Foods
Assorted Cold Salads, Wraps, & Sandwiches
Low Fat Yogurt Parfaits with Fresh Fruit and Granola
Fresh Sliced Fruit Cups as well as Whole Fruit
Fresh Vegetables with Dipping Sauce
Fresh Baked Goods



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Date	Navin Healthy Grade	Wraps, Salads, & More	From the Hot Line	Panini of the Day
Mon 10/29	Pasta, Spinach, Feta Cheese & Cherry Tomato	Chipotle Chicken Wrap	Pasta w/ Meatballs & Roll	Turkey Bruschetta Panini
Tues 10/30	Cheese Quesadillas	Mandarin Chicken Salad	Bacon Cheeseburger w/ Onion Rings	Eggplant Parm Panini
Wed 10/31	Veggie Burger w/ Sweet Potato Fries	Turkey BLT Wrap	General Tso's Chicken	Ham & Cheese Grinders



Our Mission is to offer the finest of healthy foods and beverages available at the lowest possible cost, prepared in a sanitary environment by the finest food service professionals in the area.

Navin Bros. Food Service exclusively offers products w/ zero trans fat.

If you have a food allergy, please speak with the cafeteria manager.

Please direct any questions or concerns regarding the food service program to <u>jmnavin@navinbros.com</u>. Your feedback is always appreciated

